# LYDIA T. NGUYEN

Email lydia.nguyen9@gmail.com
Lab website aancl.shs.illinois.edu • Personal website lydianguyen.com

#### **EDUCATION**

Ph.D., Neuroscience Jun 2020

University of Illinois at Urbana-Champaign (UIUC), Champaign, IL

Dissertation title: Behavioral and Neural Investigations of Value-Directed Strategic Processing

Advisor: Raksha A. Mudar, Ph.D., CCC-SLP

### B.S., Biological Sciences (Minor: Psychology), summa cum laud

May 2014

Virginia Polytechnic Institute and State University (VA Tech), Blacksburg, VA

#### RESEARCH EXPERIENCE

#### **Academic Research Affiliate**

Jun 2017-present

Carle Foundation Hospital, Urbana, IL

• Recruit and screen patients with cognitive impairment at Carle Neuroscience Institute

#### **Graduate Research Assistant**

Aug 2014-present

Aging and Neurocognition Lab (AANCL), Neuroscience Program, UIUC

- Recruit and screen participants for studies within the lab and through collaborations
- Administer cognitive assessments to cognitively normal and pathological populations
- Perform electroencephalography (EEG) data collection and preprocessing using Neuroscan software with cognitively normal and pathological populations
- Develop, code, and optimize scripts for EEG data analysis using MATLAB and EEGLAB toolbox to investigate event-related potentials and neural oscillations
- Design and develop novel paradigms to investigate various cognitive functions, such as cognitive control and value-directed strategic processing
- Prepare Institutional Review Board protocols for human subject research
- Train and mentor undergraduate and graduate students on research areas, laboratory protocols, and presentations and publications

## **Undergraduate Research Assistant**

Aug 2013-May 2014

Department of Psychology, VA Tech

- Assisted graduate student Neville Galloway-Williams with her dissertation project entitled "Facilitating Self-as-Context: A Treatment Component Study"
- Arranged video camera, recording equipment, and study room for each participant
- Reviewed informed consent and administered initial questionnaires with each participant
- Entered and verified data for each participant

#### **Undergraduate Intern**

Jul 2013-Apr 2014

Translational Decision Neuroscience Lab, Virginia Tech Carilion Research Institute, Roanoke, VA

- Recruited subjects for studies from local colleges, universities, and businesses
- Ran economic decision-making study, which included setting up an online questionnaire database and subject computers, providing instructions, overseeing subjects, and payment
- Analyzed data using MATLAB

### **Undergraduate Research Assistant**

Jan 2013-May 2014

Psychological Services Center (PSC), Blacksburg, VA

- Analyzed data for new standardized assessment research (STAR) protocol using SPSS Statistics, including questionnaires and psychological measures from PSC clients
- Implemented new clinician procedures for the STAR project

### **Undergraduate Research Assistant**

Aug 2012-May 2013

Department of Fish and Wildlife Conservation, VA Tech

- Assembled large datasets, including photographs, from camera traps
- Identified individual jaguars in photographs based on spotting patterns
- Compiled jaguar data in spreadsheets, including date, time, and location of each photograph, and representative photographs of each side of the jaguar (for unique spotting patterns)
- Compared multi-site data to analyze jaguar movement through multiple territories

#### TEACHING EXPERIENCE

### **Graduate Teaching Assistant**

Spring 19

Department of Speech and Hearing Science, UIUC

Course: Communication & Aging (SHS 271)

- Class size of approximately 80 undergraduate students
- Helped prepare assignments and exams; Graded course assignments and proctored exams; Held weekly office hours

## **Graduate Teaching Assistant**

**Spring 18** 

Department of Speech and Hearing Science, UIUC

Course: Introduction to Human Communication Systems & Disorders (SHS 170)

- Class size of approximately 120 undergraduate students
- Helped prepare lectures, assignments, and exams; Graded course assignments and proctored exams; Held weekly office hours

### **Graduate Teaching Assistant [Primary instructor]**

Fall 17

Department of Psychology, UIUC

Course: Introduction to Psychology (PSYC 100)

- Class size of approximately 50 undergraduate students
- Developed and delivered lectures, group activities, and assignments; Graded course assignments and proctored exams; Participated in weekly TA meetings; Held weekly office hours

#### **Graduate Teaching Assistant [Primary instructor]**

**Spring 17, 16; Fall 16** 

The School of Molecular and Cellular Biology, UIUC

Course: Experimental Techniques in Cellular Biology (MCB 253)

- Class sizes between 14-24 undergraduate students
- Developed lectures; Led discussion and laboratory class sections; Graded course assignments and proctored exams; Participated in weekly TA meetings; Held weekly office hours

#### **PUBLICATIONS**

Published papers (\* indicates peer-reviewed publications)

1. \*Nie, Q., **Nguyen, L.T.**, Myers, D., Gibson, A., Kerssens, C., Mudar, R.A., & Rogers, W.A. (in press). Design Guidance for Video Chat System to Support Social Engagement for Older Adults With and Without Mild Cognitive Impairment. *Gerontechnology*.

- 2. \*Nguyen, L.T., Marini, F., Shende, S.A., Llano, D.A., & Mudar, R.A. (2020). Investigating EEG theta and alpha oscillations as measures of value-directed strategic processing in cognitively normal younger and older adults. *Behavioural Brain Research*, *391*. doi: 10.1016/j.bbr.2020.112702
- 3. \*Palac, D., Bullard, T., Cohen, J.D., **Nguyen, L.T.**, Mudar, R.A., & Mullen. S. (2019). Effects of Traditional vs. iPad-enhanced Aerobic Exercise on Wayfinding Efficacy and Spatial Cognition: A Pilot Randomized Controlled Trial. *International Journal of Environmental Research and Public Health*, *16*(18), 3495. doi: 10.3390/ijerph16183495
- 4. \*Nguyen, L.T., Marini, F., Zacharczuk, L., Llano, D.A., & Mudar, R.A. (2019). Theta and Alpha Band Oscillations During Value-Directed Strategic Processing. *Behavioural Brain Research*, *367*, 210-214. doi: 10.1016/j.bbr.2019.03.052
- 5. \*Mudar, R.A., **Nguyen, L.T.,** Eroh, J., Chiang, H-S., Rackley, A., & Chapman, S.B. (2019). Event-related Neural Oscillation Changes Following Reasoning Training in Individuals with Mild Cognitive Impairment. *Brain Research*, *1704*, 229-240. doi: 10.1016/j.brainres.2018.10.017
- 6. Swords, G.M., **Nguyen, L.T.,** Mudar, R.A., & Llano, D.A. (2018). Incorporating Audiological Measurements into Alzheimer's Diagnosis. *Hearing Journal*, 71(6), 6. doi:10.1097/01.HJ.0000538926.57926.1c
- 7. \*Swords, G.M., **Nguyen, L.T.,** Mudar, R.A., & Llano, D.A. (2018). Auditory System Dysfunction in Alzheimer Disease and its Prodromal States: A Review. *Ageing Research Reviews*, 44, 49-59. doi: 10.1016/j.arr.2018.04.001
- 8. \*Nguyen, L.T., Mudar, R.A., Chiang, H.S., Schneider, J.M., Maguire, M.J., Kraut, M.A., & Hart Jr., J. (2017). Theta and Alpha Alterations in Amnestic Mild Cognitive Impairment in Semantic Go/NoGo Tasks. *Frontiers in Aging Neuroscience*, *9*, 160. doi: 10.3389/fnagi.2017.00160
- 9. \*Mudar, R.A., Chiang, H.S., Eroh, J., **Nguyen, L.T.**, Maguire, M.J., Spence, J.S., Kung, F., Kraut, M.A., & Hart Jr., J. (2016). The Effects of Amnestic Mild Cognitive Impairment on Go/NoGo Semantic Categorization Task Performance and Event-Related Potentials. *Journal of Alzheimer's Disease*, 50, 577-590. doi: 10.3233/JAD-150586

## Published abstracts

- 1. Rogers, W.A., Nie, Q., **Nguyen, L.T.**, Mudar, R.A., Myers, D., Gibson, A., & Kerssens, C. (2019). Social Engagement Through Video Chat For Older Individuals With And Without Cognitive Impairment. *Innovation in Aging*, 3(suppl\_1), S15.
- 2. **Nguyen, L.T.,** Nie, Q., Lydon, E., Myers, D., Gibson, A., Kerssens, C., Mudar, R.A., & Rogers, W.A. (2019). Exploring Video Chat For Social Engagement In Older Adults With And Without Cognitive Impairment. *Innovation in Aging*, 3(suppl 3), S932.
- 3. **Nguyen, L.T.,** Nie, Q., Myers, D., Gibson, A., Kerssens, C., Mudar, R.A., & Rogers, W.A. (2018). Social Engagement Through Video Chat for Older Individuals With and Without Cognitive Impairment. *Innovation in Aging*, 2(suppl\_1), 998.
- 4. **Nguyen, L.T.,** Shende, S.A., Rackley, A., Chapman, S.B. & Mudar, R.A. (2018). Strategy-Based Cognitive Training Effects on Event-Related Neural Oscillations in Amnestic Mild Cognitive Impairment. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 14(7), 1067.
- 5. Shende, S.A., **Nguyen, L.T.**, Burz, S., Rackley, A., Chapman, S.B., & Mudar, R.A. (2018). Relationship Between Use of Inherent Memory Strategies and Memory Performance in Amnestic Mild Cognitive Impairment. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 14(7), 1198-1199.

## **POSTERS & PRESENTATIONS**

## **Posters**

1. Inskeep, C., **Nguyen, L.**, & Lydon, E. *Video technology-based social engagement intervention for older adults with and without mild cognitive impairment: A feasibility study*. Poster presented by CI at the UIUC 2020 Virtual Undergraduate Research Symposium, Champaign, IL, May 2020.

- 2. Philip, J., Lydon, E., & **Nguyen, L**. It's Like Face to Face Talking: Thematic Analysis of the Feasibility of a Video Chat Social Engagement Intervention for Older Adults With and Without MCI. Poster presented by JP at the UIUC 2020 Virtual Undergraduate Research Symposium, Champaign, IL, May 2020. \*\*JP won Outstanding Poster Presentation in Health & Wellness for this poster presentation
- 3. **Nguyen, L.T.**, Nie, Q., Lydon, E., Myers, D., Gibson, A., Kerssens, C., Mudar, R.A., & Rogers, W.A. *Exploring Video Chat for Social Engagement in Older Adults With and Without Cognitive Impairment*. Poster presented by QN at The Gerontological Society of America Annual Scientific Meeting, Austin, TX, Nov 2019.
- 4. **Nguyen, L.T.**, Shende, S.A., Marini, F., Llano, D.A., & Mudar, R.A. *Theta, alpha, and beta band oscillations related to value-directed strategic processing in cognitively normal younger and older adults*. Poster presented at the Society for Neuroscience 49<sup>th</sup> annual meeting, Chicago, IL, Oct 2019.
- 5. Lydon, E.A., **Nguyen, L.T.**, & Mudar, R.A. *Strategy-Based Cognitive Training Effects on Event-Related Spectral Perturbations in Early versus Late Mild Cognitive Impairment*. Poster presented by EL at Eleanor M. Saffran Cognitive Neuroscience Conference, Philadelphia, PA, Sept 2019.
- 6. Nie, Q., **Nguyen, L.T.**, Myers, D., Gibson, A., Kerssens, C., Mudar, R.A., & Rogers, W.A. *Evaluating a technology support system for social engagement for Older Adults With and Without Cognitive Impairment*. Poster presented by QN at the 2019 International Symposium on Human Factors and Ergonomics in Health Care, Chicago, IL, Mar 2019.
- 7. **Nguyen, L.T.**, Nie, Q., Myers, D., Gibson, A., Kerssens, C., Mudar, R.A., & Rogers, W.A. *Social Engagement Through Video Chat for Older Individuals With and Without Cognitive Impairment*. Poster presented by RM & WR at The Gerontological Society of America Annual Scientific Meeting, Boston, MA, Nov 2018.
- 8. **Nguyen, L.T.**, Shende, S.A., Rackley, A., Chapman, S.B., & Mudar, R.A. *Strategy-Based Cognitive Training Effects on Event-Related Neural Oscillations in Amnestic Mild Cognitive Impairment*. Poster presented at the Alzheimer's Association International Conference, Chicago, IL, July 2018.
- 9. Shende, S.A., **Nguyen, L.T.**, Burz, S., Rackley, A., Chapman, S.B., & Mudar, R.A. *Relationship Between Use of Inherent Memory Strategies and Memory Performance in Amnestic Mild Cognitive Impairment*. Poster presented by S.S. at the Alzheimer's Association International Conference, Chicago, IL, July 2018.
- 10. Rajan, J., Paolella, A., & **Nguyen, L.T.** *Strategic Attention in Individuals with Amnestic Mild Cognitive Impairment*. Poster presented by J.R. & A.P. at the UIUC Undergraduate Research Symposium, Champaign, IL, Apr 2018.
- 11. **Nguyen, L.T.**, Shende, S.A., Tai, Y., Husain, F., & Mudar, R.A. *Cognitive and Neural Alterations in Age-Associated Hearing Loss*. Poster presented at the 12<sup>th</sup> Annual Eleanor M. Saffran Conference on Cognitive Neuroscience and Rehabilitation of Communication Disorders, Philadelphia, PA, Sept 2017.
- 12. Diamond, M., Burz, S., & **Nguyen, L.T.** *Electrophysiological Markers of Cognitive Control in Picture Word Interference Task.* Poster presented by M.D. & S.B. at the UIUC Undergraduate Research Symposium, Champaign, IL, Apr 2017.
- 13. Kung, F. & **Nguyen, L.T.** *Connected Language in Alzheimer's Disease*. Poster presented by F.K. at the UIUC Undergraduate Research Symposium, Champaign, IL, Apr 2017.
- 14. **Nguyen, L.T.**, Shende, S.A., & Mudar, R.A. *Characterizing Early and Late Mild Cognitive Impairment Using EEG Alpha Power*. Poster presented at the 2017 Chittenden Symposium, Champaign, IL, Mar 2017.
- 15. **Nguyen, L.T.**, Shende, S.A., & Mudar, R.A. *Characterizing Early and Late Mild Cognitive Impairment Using EEG Alpha Power*. Poster presented at the Interdisciplinary Health Sciences Initiative 2<sup>nd</sup> Annual Clinical and Translational Neuroscience Workshop, Urbana, IL, Feb 2017.

- 16. **Nguyen, L.T.** & Mudar, R.A. *Alpha Power Changes in Amnestic Mild Cognitive Impairment in Go/NoGo Tasks Involving Semantic Categorization*. Poster presented at The Gerontological Society of America 69<sup>th</sup> Annual Scientific Meeting, New Orleans, LA, Nov 2016.
- 17. **Nguyen, L.T.** & Mudar, R.A. *Alpha Power Changes in Amnestic Mild Cognitive Impairment in Go/NoGo Tasks Involving Semantic Categorization*. Poster presented at Synapse: A Collaborative Neuroscience Conference, Champaign, IL, Aug 2016.
- 18. **Nguyen, L.T.,** Kung, F., & Mudar, R.A. *Event-related Potentials and Alpha Power Changes in Amnestic Mild Cognitive Impairment in Go/NoGo Tasks Involving Semantic Categorization*. Poster presented at the Karolinska Institute at Illinois summit, Champaign, IL, June 2016.
- 19. **Nguyen, L.T.,** Kung, F., & Mudar, R.A. *Event-related Potentials and Alpha Power Changes in Amnestic Mild Cognitive Impairment in Go/NoGo Tasks Involving Semantic Categorization*. Poster presented at the Chittenden Symposium, Champaign, IL, Apr 2016.
- 20. **Nguyen, L.T.**, Chiang, H.S., Eroh, J., Maguire, M.J., Kraut, M.A., Hart Jr., J., & Mudar, R.A. *Alpha Power Changes in Amnestic Mild Cognitive Impairment in Go/NoGo Tasks Involving Semantic Categorization*. Poster presented at the Cognitive Neuroscience Society 23<sup>rd</sup> Annual Meeting, New York City, NY, Apr 2016.
- Nguyen, L.T., Waldron, J.C., Galloway-Williams, N., Fraire, M.G., & Cooper, L.D.
   *Improvements in OQ at a Community Clinic Differ Based on Depression Severity*. Poster
   presented by J.C.W. at the Association for Psychological Science 26<sup>th</sup> Annual Convention, San
   Francisco, CA, May 2014.
- 22. **Nguyen, L.T.**, Galloway-Williams, N., Waldron, J.C., & Cooper, L.D. *Broad Autism Phenotype Status and Categories of Stress and Impairment*. Poster presented at the Maryland Association for Behavior Analysis 16<sup>th</sup> Annual Meeting, Baltimore, MD, Nov 2013.

### Oral presentations

- Nie, Q., Nguyen, L.T., Lydon, E., Myers, D., Gibson, A., Kerssens, C., Mudar, R.A., & Rogers, W.A. Designing Video Chat for Social Engagement in Older Adults With and Without Mild Cognitive Impairment. Presentation to be given by Q.N. at the International Society for Gerontechnology 12<sup>th</sup> World Conference of Gerontechnology, Trondheim, Norway, May 2020.
- 2. Rogers, W.A., Nie, Q., **Nguyen, L.T.**, Mudar, R.A., Myers, D., Gibson, A., & Kerssens, C. *Older Adults' Social Relationships and Well-being in a Digital World*. Presentation given by W.A.R. at The Gerontological Society of America's 71<sup>st</sup> Annual Scientific Meeting, Austin, TX, Nov 2019.
- 3. **Nguyen, L.T.** & Mudar, R.A. *Effects of Strategy-Based Cognitive Training in Mild Cognitive Impairment*. Presentation given at the Illinois Speech-Language-Hearing Association 58<sup>th</sup> Annual Convention, Rosemont, IL, Feb 2018.
- 4. **Nguyen, L.T.** *Event-Related Neural Oscillations in Amnestic Mild Cognitive Impairment*. Presentation given at the UIUC Department of Speech and Hearing Science proseminar, Champaign, IL, Dec 2017.
- 5. Husain, F., **Nguyen, L.T.**, Tai, Y., Shende, S.A., & Mudar, R.A. Impact of Hearing Loss on Brain and Cognition in Older Adults. Presentation given by F.H. at the 4th International Conference on Cognitive Hearing Science for Communication, Linköping, Sweden, June 2017.

### **AWARDS & RECOGNITION**

### Paul D. Doolen Graduate Scholarship for the Study of Aging

Oct 2019

 Awarded based on novel and/or high impact research in the field of aging, peer-reviewed publications, academic qualifications, and strong recommendations

## Graduate College Dissertation Completion Fellowship, UIUC

Aug 2019-Aug 2020

 Awarded a one-year stipend to complete doctoral degree based on the significance of the dissertation research and academic productivity and progress

### List of Teachers Ranked as Excellent By Their Students (SHS 271), UIUC

Spring 19

• Rated as outstanding (top 10% of all TAs)

#### 2019 NSP Forebrain Award, UIUC

Apr 2019

• Awarded by the Neuroscience Program for excellence in outreach and service

### List of Teachers Ranked as Excellent By Their Students (SHS 170), UIUC

Spring 18

• Rated as outstanding (top 10% of all TAs)

#### **Graduate Teacher Certificate**, *UIUC*

Feb 2018

• Requirements included teaching at least two semesters, observation of teaching by faculty, collection of student feedback (informal and formal), and participation in teaching development programs (teaching orientation, teaching development workshops, classes, and seminars)

List of Teachers Ranked as Excellent By Their Students (PSYC 100), UIUC

Fall 17

### Saffran Student Scholar Travel Award, Temple University, Philadelphia, PA

Aug 2017

 Support for travel and accommodations to attend the 12th Annual Eleanor M. Saffran Conference on Cognitive Neuroscience and Rehabilitation of Communication Disorders

## List of Teachers Ranked as Excellent By Their Students (MCB 253), UIUC Spring 17, 16; Fall 16

• Rated as outstanding (top 10% of all TAs)

Neuroscience Program Fellowship, UIUC

Aug 2014-May 2015

#### **COMPUTER SKILLS**

Microsoft Office	MATLAB	SAS	EndNote
Neuroscan	EEGLAB toolbox	SPSS Statistics	

#### ADDITIONAL SKILLS

Magnetic Resonance Imaging (MRI) safety trained	Training completed <b>Dec 2017</b>
Clinical Dementia Rating certified rater	Training completed <b>Sept 2017</b>
Basic Life Support (BLAS) certified provider	Training completed Aug 2017

## **VOLUNTEER EXPERIENCE**

## 2020 Virtual Undergraduate Research Symposium

May 2020

• Served as a judge, evaluating undergraduate virtual poster presentations

#### Alzheimer's Association Walk to End Alzheimer's, Champaign, IL

Fall 19, 18, 17, 16

• Volunteered at the Promise Garden and as a route guide

#### Brain Awareness Day, Champaign, IL

Apr 2019, 2018, 2017, 2016, 2015

- Community outreach program to educate the community about research on the brain
- Served as lead student chair on the executive committee for two consecutive years (2015-2017)

### Champaign-Urbana Youth Hockey Association, Champaign, IL

Sept 2016-present

• Serving as webmaster

### Neuroscience Program Open House, Champaign, IL

Spring 20, 19, 18, 17, 16, 15

• Hosted by the UIUC Neuroscience Program for prospective graduate students

# PROFESSIONAL AFFILIATIONS

Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment (ISTAART) • member Gerontological Society of America • member